


[Review Article](#)


Structure, Stability, and Function: Cross-Domain Perspectives on the Design of Advanced Materials

Salman Ali M. D^{1*}, Ashraf Malik²

¹Energy and Environmental Research Institute, University of the Philippines Diliman, Quezon City

²Department of Physics, De La Salle University, Manila, Philippines — has a Physics program specializing in Materials Science.

Abstract: The development of advanced functional materials has become a defining feature of contemporary scientific research, spanning domains as diverse as biomedical physics, environmental remediation, and photonic engineering. Despite the apparent differences among these fields, the underlying design challenges share striking commonalities: the need to control structure at multiple length scales, to ensure stability under demanding operational conditions, to characterize performance through complementary techniques, and to translate laboratory discoveries into practical applications. This article synthesizes insights from three distinct areas of materials research—polymer gel dosimeters for radiotherapy, biochar-based soil amendments for petroleum hydrocarbon remediation, and active metamaterials for electromagnetic wave control—to develop an integrated perspective on functional materials design. The analysis argues that progress across these domains depends on recognizing the interdependence of structure, stability, and function, and on adopting characterization and design strategies that address all three simultaneously rather than sequentially. Particular attention is given to the role of thermal stability as a design constraint, the importance of surface and interfacial properties, the trade-offs inherent in multifunctional design, and the challenges of scaling laboratory discoveries to industrial production. The article concludes by proposing a cross-domain framework for functional materials development that emphasizes iterative characterization, application-driven specification, and sustainability considerations from the earliest stages of design.

Keywords: functional materials, structure-property relationships, thermal stability, characterization, materials design, cross-domain synthesis

1. Introduction

The past half-century has witnessed an extraordinary expansion in the capacity to engineer materials with properties tailored to specific applications. From semiconductor heterostructures that enable modern electronics to biocompatible polymers that support tissue regeneration, from high-temperature ceramics that withstand the demands of aerospace propulsion to soft materials that mimic the mechanical behavior of biological tissues, the ability to design materials with prescribed characteristics has transformed virtually every field of technology. This capacity rests on a deep understanding of how the structure of materials—at scales ranging from atomic arrangements to macroscopic architectures—determines their properties and performance.

Yet the development of advanced materials remains a challenging and often unpredictable endeavor. The relationships between structure and property are rarely simple, and materials that perform well under one set of conditions may fail catastrophically under another. A polymer that exhibits excellent mechanical properties at room temperature may soften or degrade when heated. A sorbent that captures contaminants efficiently in laboratory tests may lose capacity when applied in complex environmental matrices. A metamaterial that achieves unprecedented control over electromagnetic waves may prove impossible to manufacture at the scale required for practical applications.

These challenges are not confined to any single domain of materials research. They recur across fields as diverse as biomedical physics, environmental engineering, and photonic science. The specific materials differ, the

applications differ, and the technical vocabularies differ, but the underlying design problems share fundamental characteristics. Recognizing these commonalities offers opportunities for cross-fertilization: insights developed in one domain may suggest solutions to problems in another, and methods perfected in one context may prove applicable elsewhere.

This article develops a cross-domain perspective on functional materials design by examining three areas of active research: polymer gel dosimeters used in clinical radiotherapy, biochar-based amendments for soil remediation, and active metamaterials for electromagnetic wave manipulation. These domains were selected not because they are closely related—they are not—but precisely because their differences throw into relief the common challenges that all materials designers face. By analyzing how researchers in each domain grapple with issues of structure control, thermal and chemical stability, characterization, and scale-up, the article seeks to identify general principles that can inform materials development across disciplines.

The central argument is that progress in functional materials design depends on recognizing the interdependence of structure, stability, and function, and on adopting development strategies that address all three simultaneously rather than sequentially. Traditional approaches often proceed by first identifying a material with promising properties, then characterizing its structure, and finally testing its stability under relevant conditions. This sequential approach can lead to costly late-stage failures when stability limitations are discovered only after substantial investment in development. A more integrated approach, which considers stability requirements from the outset and uses characterization to guide iterative design refinement, offers a more efficient path to practical materials.

The article proceeds in four main parts. Section 2 examines the fundamental importance of structure-property relationships and the multiple length scales at which structure must be controlled. Section 3 analyzes thermal stability as a design constraint, drawing on examples from all three domains. Section 4 explores the role of surface and interfacial properties in determining material performance. Section 5 discusses characterization techniques and their role in guiding design. Section 6 examines the challenges of scaling from laboratory to application. Section 7 addresses the trade-offs inherent in multifunctional design. Section 8 concludes by proposing a cross-domain framework for functional materials development.

2. Structure-Property Relationships Across Length Scales

2.1 The Multi-Scale Nature of Material Structure

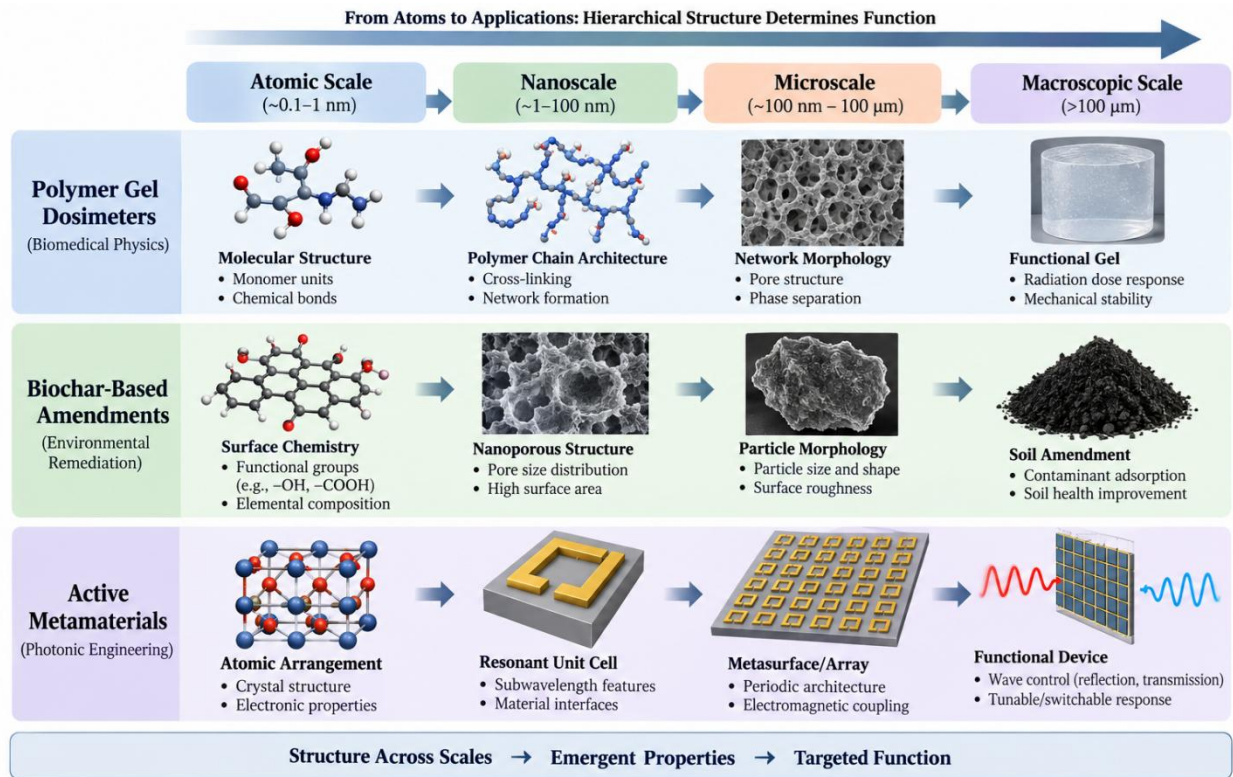
The properties of materials are determined by their structure at multiple length scales, from the atomic arrangements that define chemical bonding to the macroscopic architectures that determine mechanical behavior. Understanding and controlling these relationships is the central task of materials science, and progress in functional materials depends on the ability to manipulate structure at the relevant scales for particular applications.

At the atomic scale, the arrangement of atoms and the nature of chemical bonds determine fundamental properties such as electronic structure, optical response, and chemical reactivity. The crystal structure of a material—whether it adopts a face-centered cubic, body-centered tetragonal, or amorphous arrangement—influences everything from its mechanical strength to its thermal conductivity. In polymer gel dosimeters, for example, the cross-linking density of the gelatin matrix determines both the mechanical rigidity of the gel and its melting temperature, with higher cross-linking densities producing stiffer gels that withstand higher temperatures before transitioning to a liquid state.

At the nanoscale, structure encompasses features such as grain boundaries, precipitates, and phase domains that are larger than individual atoms but smaller than the macroscopic material. These features often dominate properties such as strength, toughness, and catalytic activity. The surface area of a material is determined primarily by its nanoscale structure, with porous materials exhibiting surface areas orders of magnitude greater than their non-porous counterparts. This principle underlies the effectiveness of biochars for contaminant removal: the high surface areas of these materials, which can exceed 350 m²/g, provide abundant sites for adsorption of organic and inorganic pollutants.

At the microscale and above, structure refers to the arrangement of phases, the distribution of pores and inclusions, and the geometric organization of material components. These features determine properties such as permeability, thermal conductivity, and electromagnetic response. In active metamaterials, the precise geometric arrangement of sub-wavelength resonant elements determines the material's interaction with electromagnetic waves, enabling properties such as negative refraction and cloaking that cannot be achieved with naturally occurring materials.

Figure 2. Structure–Property Relationships Across Multiple Length Scales



2.2 The Challenge of Hierarchical Control

The most challenging materials design problems involve the need to control structure simultaneously at multiple length scales. A polymer gel dosimeter, for instance, must have a molecular structure that produces adequate radiation sensitivity, a nanoscale network structure that provides mechanical integrity, and a macroscopic shape that conforms to the anatomy being treated. A biochar soil amendment must have surface chemistry that binds contaminants, pore structure that supports microbial communities, and particle size distribution that allows uniform mixing with soil. An active metamaterial must have unit cell dimensions that produce the desired resonance, array dimensions that produce the desired wavefront manipulation, and

overall form factor compatible with the intended application.

Achieving this hierarchical control requires not only understanding the relationships between structure and property at each scale, but also understanding how structural features at different scales interact with one another. A change in molecular composition may alter nanoscale phase separation, which in turn affects microscale mechanical properties. A change in processing conditions may affect pore structure, which influences both surface area and mechanical strength. These coupled relationships mean that materials design is inherently a multi-variable optimization problem, in which changing one aspect of structure to improve one property may degrade another.

Table 1. Cross-Domain Comparison of Functional Materials

Materials system	Primary application	Key structural features	Main stability challenge	Important characterization	Major design trade-off
Polymer gel dosimeters	Radiotherapy dosimetry	Gel network, cross-linking	Thermal stability	MRI, thermal analysis, spectroscopy	Stability vs. viscosity/dose response
Biochar	Soil remediation	Surface area, pore structure, functional groups	Chemical/environmental stability	XRD, FTIR, SEM, sorption tests	Surface area vs. yield/functionality
Active metamaterials	Electromagnetic control	Resonant elements, interfaces	Thermal/switching stability	XRD, microscopy, spectroscopy	Switching speed vs. modulation depth

The complexity of these relationships explains why materials development remains, in many cases, more art than science. Experienced researchers develop intuitions about which variables are most important for particular properties and how changes in one variable are likely to affect others. But these intuitions are difficult to codify and transfer, and they often fail when extended beyond the specific systems in which they were developed. Progress toward more rational design approaches requires both deeper understanding of structure-property relationships and better tools for predicting how changes in composition and processing will affect the full range of relevant properties.

3. Thermal Stability as a Design Constraint

3.1 The Ubiquity of Thermal Requirements

Thermal stability is a requirement that cuts across virtually all domains of functional materials. Materials must maintain their properties under the range of temperatures they will encounter during processing, storage, and use. Failure to meet thermal requirements can lead to loss of function, safety hazards, or complete device failure. Yet thermal stability is often treated as a secondary consideration, addressed only after other properties have been optimized, which can lead to costly redesigns when limitations are discovered.

The specific thermal requirements vary widely across applications. Polymer gel dosimeters used in radiotherapy must remain dimensionally stable during handling, irradiation, and readout, typically at temperatures near room temperature but potentially higher in tropical climates or during prolonged scanning procedures. Biochar amendments applied to soils must maintain their sorption capacity through seasonal temperature variations and occasional extreme heat events. Active metamaterials, depending on their application, may need to function in environments ranging from deep space to industrial process streams, with correspondingly wide temperature requirements.

The mechanisms by which materials fail thermally also vary. Some materials undergo phase transitions—melting, glass transition, or crystallization—that alter their properties abruptly. Others degrade gradually through chemical reactions such as oxidation, hydrolysis, or decomposition. Still others experience thermal expansion or contraction that induces stresses and can lead to mechanical failure or loss of dimensional tolerance. Understanding which mechanism is most relevant for a particular application is essential for designing effective stabilization strategies.

3.2 Thermal Stability in Polymer Gel Dosimeters

Polymer gel dosimeters provide an instructive case study in the challenges of thermal stabilization. These materials, which are used to measure radiation dose distributions in three dimensions for cancer treatment

planning, consist of radiation-sensitive monomers dispersed in a gel matrix. When exposed to ionizing radiation, the monomers polymerize, and the extent of polymerization is proportional to the absorbed dose. The spatial distribution of polymerization, which can be read out using magnetic resonance imaging or optical techniques, reveals the three-dimensional dose distribution.

The gel matrix, typically gelatin or agarose, provides mechanical support and limits the diffusion of monomers and polymer chains. However, gelatin gels are prone to melting at relatively low temperatures—pure gelatin gels may melt below 30°C, and the addition of monomers and other additives can further depress the melting temperature. This creates practical problems: dosimeters may deform during handling or scanning, particularly in warm environments, leading to loss of spatial information.

Research on improving the thermal stability of polymer gel dosimeters has identified several strategies. Increasing the gelatin concentration—the weight fraction of gelatin in the formulation—increases the cross-linking density and raises the melting temperature. However, higher gelatin concentrations also increase the viscosity of the precursor solution, making it more difficult to pour into molds, and can affect the diffusion of oxygen and other species that influence the radiation response. The source of gelatin also matters: gelatin from bovine skin produces gels with higher melting temperatures than gelatin from cold-water fish, reflecting differences in the amino acid composition and the resulting strength of the collagen-like triple helix structure.

The choice of antioxidant, which is added to prevent premature polymerization during storage, also influences thermal stability. Tetrakis(hydroxymethyl)phosphonium chloride (THPC) produces gels with higher melting temperatures than ascorbic acid, possibly because THPC participates in cross-linking reactions that strengthen the gel network. The addition of disaccharides such as maltose provides another route to thermal stabilization, apparently by promoting the formation of junction zones in the gelatin structure. And storage time after manufacture also plays a role, with gels becoming more thermally stable over time as the gelatin network continues to mature.

This example illustrates several general principles. First, thermal stability is not a single property but a consequence of multiple structural features, each of which can be manipulated through formulation and processing. Second, there are trade-offs between thermal stability and other desirable properties, so that optimization requires balancing competing requirements. Third, the mechanisms by which different additives improve thermal stability are not always understood, and empirical approaches remain important alongside rational design.

3.3 Thermal Considerations in Biochar Production and Use

Biochars present a different set of thermal considerations. These materials are produced by pyrolysis—heating biomass in the absence of oxygen—at temperatures typically ranging from 400 to 700°C. The pyrolysis temperature determines many of the properties of the resulting biochar, including its surface area, pore structure, surface chemistry, and aromaticity. Higher pyrolysis temperatures generally produce biochars with higher surface areas and greater aromaticity, but lower yields and reduced surface functionality.

The thermal stability of biochars themselves is generally not a concern for environmental applications, since they are produced at high temperatures and are chemically stable under ambient conditions. However, the thermal conditions during production influence the properties that determine performance in soil remediation. For example, biochars produced at higher temperatures tend to have higher graphite content and greater aromaticity, which contributes to their chemical stability and sorption capacity. Biochars produced at lower temperatures retain more oxygen-containing functional groups, which can enhance their ability to bind heavy metals through complexation.

The thermal properties of the feedstock also matter. Different biomass sources have different contents of cellulose, hemicellulose, and lignin, which decompose at different temperatures and contribute differently to the final biochar structure. Rice husk, with its high silica content, produces biochars with high ash content and distinctive surface chemistry. Cow horn, a keratinous material, produces biochars with high sulfur content derived from the sulfur-containing amino acids in keratin. Cattle rumen content, a mixture of partially digested plant material and microbial biomass, produces biochars with yet different properties. Understanding how feedstock composition translates into biochar properties requires both empirical characterization and fundamental understanding of pyrolysis chemistry.

3.4 Thermal Management in Active Metamaterials

Active metamaterials introduce additional thermal considerations because many of their tuning mechanisms involve temperature changes. Phase-change materials, which are increasingly used as the active component in tunable metamaterials, undergo transitions between amorphous and crystalline states that are induced by heating and cooling. The thermal properties of these materials—their melting temperatures, crystallization kinetics, and thermal conductivities—determine the switching speeds and energies required for reconfiguration.

Vanadium dioxide, one of the most studied phase-change materials for thermal management applications, undergoes a metal-insulator transition at approximately 70°C. This transition is accompanied by dramatic

changes in optical and electrical properties, making VO₂ attractive for applications such as smart windows and thermal camouflage. However, the transition temperature is higher than desirable for many applications, and the optical contrast is accompanied by significant visible absorption that limits performance. Doping with tungsten can lower the transition temperature, but at the cost of reduced contrast.

The thermal management challenges extend beyond the active material itself. Metamaterials that incorporate phase-change materials must be designed to provide the thermal environment needed for switching while avoiding excessive heating that could damage other components or degrade performance. Microheaters integrated into metamaterial structures can provide localized heating for switching, but their design requires careful thermal modeling to ensure uniform heating and minimize power consumption. And the thermal expansion that accompanies phase transitions can induce mechanical stresses that lead to fatigue and eventual failure.

4. Surface and Interfacial Properties

4.1 The Dominance of Surfaces in Functional Materials

As the characteristic dimensions of materials decrease, the fraction of atoms located at surfaces or interfaces increases, and surface properties become increasingly dominant in determining overall behavior. This principle is central to the design of functional materials, where performance often depends on interactions occurring at surfaces or interfaces rather than in the bulk.

The importance of surface properties is particularly evident in materials designed for adsorption or catalysis. Biochars used for soil remediation function primarily through surface interactions: contaminants bind to surface functional groups, are captured in pores, or are transformed by reactions catalyzed at surface sites. The effectiveness of a biochar depends on its surface area, pore size distribution, and surface chemistry—properties that are determined by the feedstock and pyrolysis conditions, and that can be further modified through chemical or physical treatments.

Surface functional groups play a particularly important role in determining the selectivity and capacity of sorbents. Oxygen-containing groups such as hydroxyl, carboxyl, and carbonyl groups provide sites for binding metal cations through complexation or ion exchange. Nitrogen-containing groups, which can be introduced through doping or by using nitrogen-rich feedstocks, enhance the binding of heavy metals and can also participate in catalytic reactions. The surface charge of the material, which depends on the protonation state of surface groups, determines the electrostatic interactions with charged contaminants.

4.2 Interfacial Phenomena in Composite Materials

Many functional materials are composites, combining multiple phases to achieve properties that no single material can provide. The interfaces between these phases are often critical to performance, providing pathways for stress transfer, electronic conduction, or mass transport. Understanding and controlling interfacial properties is therefore essential for composite design.

In polymer gel dosimeters, the interface between the gelatin matrix and the polymerized monomer phase influences the spatial resolution of dose measurement. Monomers that phase-separate from the matrix during polymerization may produce inhomogeneous dose distributions. The addition of surfactants or compatibilizers can improve the compatibility of the monomer and matrix phases, leading to more uniform polymerization. Similarly, the interface between the gel and its container can influence the diffusion of oxygen, which inhibits polymerization and affects the dose response near surfaces.

In active metamaterials, interfaces between different material components determine the optical and electromagnetic properties of the composite structure. The coupling between resonators and the surrounding medium, the contact between metallic and dielectric components, and the boundaries between different layers all influence the overall response. Surface roughness, interdiffusion, and contamination at interfaces can degrade performance and limit the reproducibility of device fabrication.

4.3 Surface Modification Strategies

The importance of surface properties has driven the development of numerous strategies for modifying surfaces to enhance performance. Chemical treatments can introduce specific functional groups, alter surface charge, or graft polymer chains to provide steric stabilization. Physical treatments such as plasma exposure or UV irradiation can modify surface chemistry without introducing foreign species. Coating technologies can deposit thin films with desired properties on substrate surfaces.

In biochar research, modification strategies include treatment with acids or bases to introduce functional groups or remove ash, impregnation with metal oxides to enhance sorption capacity, and ball milling to increase surface area and expose internal pores. Each of these treatments has trade-offs: acid treatment can introduce carboxyl groups that enhance metal binding but also increase the cost and generate waste streams; metal oxide impregnation can dramatically increase sorption capacity but introduces additional materials and may raise concerns about the release of nanoparticles.

In metamaterial research, surface modification is used to tune the resonant properties of meta-atoms, to

passivate surfaces against oxidation or contamination, and to provide protection layers that enhance durability. The choice of coating material and thickness must be carefully optimized to avoid degrading the optical response while providing adequate protection.

5. The Role of Characterization in Materials Design

5.1 Complementary Characterization Techniques

No single characterization technique provides a complete picture of material structure and properties. Effective materials design requires the use of complementary techniques that probe different aspects of structure and provide information at different length scales. The interpretation of results from multiple techniques, and the reconciliation of apparently conflicting data, is often where the deepest insights emerge.

X-ray diffraction provides information about crystal structure, phase composition, and crystallite size. For biochars, XRD reveals the extent of graphitization, which correlates with chemical stability and electrical conductivity. For phase-change materials, XRD can distinguish between amorphous and crystalline states and identify the specific crystalline phases present. However, XRD is insensitive to amorphous phases, which may constitute a significant fraction of some materials, and provides limited information about surface properties.

Electron microscopy provides direct visualization of material structure at scales from nanometers to micrometers. Scanning electron microscopy reveals surface morphology and particle size, while transmission electron microscopy can resolve atomic-scale features. For porous materials, SEM images show pore structure and connectivity, providing insights into transport properties. For composite materials, TEM reveals the distribution of phases and the nature of interfaces. However, electron microscopy samples only a small volume of material and may not be representative of bulk properties.

Spectroscopic techniques provide information about chemical composition and bonding. Fourier transform infrared spectroscopy identifies functional groups and their chemical environment, making it particularly valuable for characterizing surface chemistry. Raman spectroscopy provides information about molecular vibrations and crystal structure, and is sensitive to phase transitions. X-ray photoelectron spectroscopy reveals surface composition and oxidation states, information that is critical for understanding surface reactivity but inaccessible to bulk techniques.

Thermal analysis techniques provide information about stability and phase transitions. Thermogravimetric analysis measures mass loss as a function of temperature, revealing decomposition temperatures and the kinetics of thermal degradation. Differential scanning calorimetry measures heat flow during phase transitions, providing information about melting temperatures, glass transitions, and crystallization behavior. For materials intended for

high-temperature applications, these techniques are essential for establishing operating limits.

5.2 Characterization as a Guide to Iterative Design

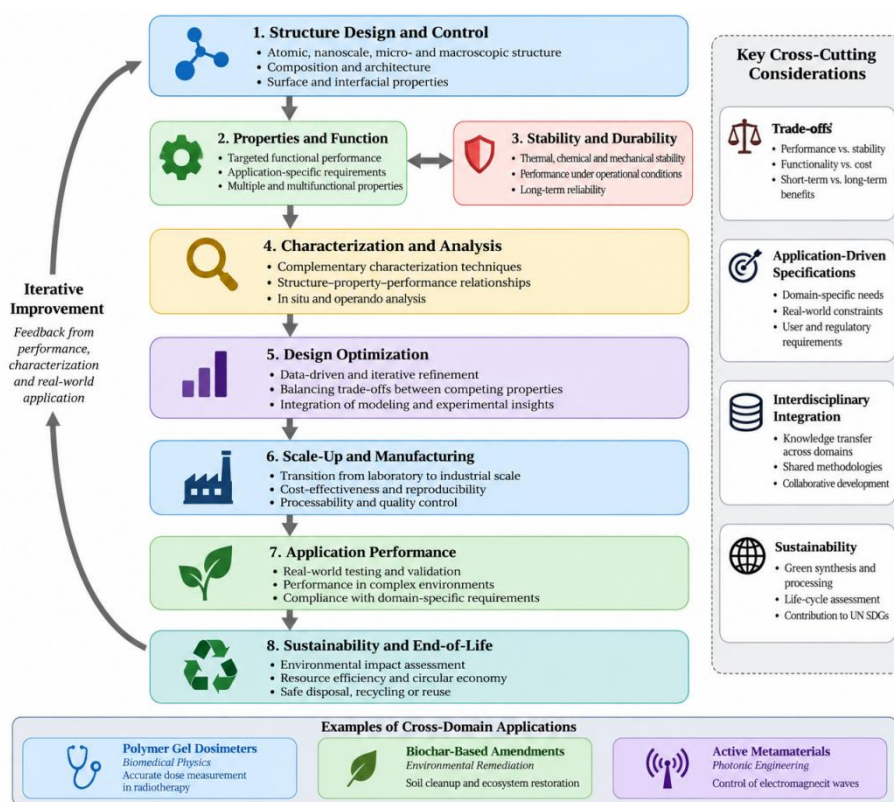
The most effective use of characterization is not merely to document the properties of materials that have already been developed, but to guide iterative design refinement. By characterizing materials at each stage of development, researchers can identify which structural features are most important for performance and focus their efforts on controlling those features.

This iterative approach is particularly valuable when the relationships between structure and property are not well understood. For example, the observation that higher gelatin concentrations increase the melting temperature of polymer gel dosimeters suggests that

cross-linking density is a key variable, but the details of how cross-linking affects melting require more detailed characterization. Combining thermal analysis with spectroscopic and microscopic characterization can reveal the structural changes that accompany melting and identify the specific interactions that stabilize the gel.

In biochar research, iterative characterization can reveal why different feedstocks produce biochars with different sorption capacities. If XRD shows that one biochar has higher graphite content while another has more oxygen functional groups, FTIR can confirm the presence of specific groups, and sorption experiments can reveal which contaminants are captured most effectively. This integrated approach allows researchers to select or modify feedstocks to produce biochars optimized for specific remediation challenges.

Figure 1. Cross-Domain Framework for Functional Materials Design



5.3 In Situ and Operando Characterization

Traditional characterization is performed *ex situ*, on samples that have been removed from their operating environment. This approach has limitations: the structure of a material under operating conditions may differ from its structure after cooling, drying, or exposure to air. In situ characterization, in which the material is characterized while it is being used or while it is exposed to relevant conditions, provides a more accurate picture of structure-property relationships.

In situ techniques are particularly valuable for studying dynamic processes such as phase transitions, chemical reactions, and degradation. For polymer gel dosimeters, in situ characterization during irradiation could reveal how polymerization proceeds and how the gel structure evolves. For biochars, in situ characterization during sorption could reveal which sites are occupied and how sorption changes the material structure. For metamaterials, in situ characterization during switching could reveal the dynamics of phase transitions and identify sources of fatigue.

6. From Laboratory to Application

6.1 The Scale-Up Challenge

The transition from laboratory demonstration to practical application is a critical and often underestimated challenge in materials development. Many materials that perform impressively in laboratory tests fail to deliver expected performance when produced at larger scales or deployed in real-world settings. Understanding the sources of this scale-up gap is essential for designing materials that can make the transition to application.

One source of scale-up difficulty is manufacturing. Laboratory synthesis often involves small batch sizes and careful control of conditions that cannot be replicated at production scale. Biochars produced in laboratory furnaces may differ from those produced in industrial kilns due to differences in heating rates, temperature uniformity, and residence times. Metamaterials fabricated using electron beam lithography may be impossible to produce at the areas required for practical applications using that technique. Polymer gel dosimeters prepared in small molds may have different properties than those prepared in larger volumes, due to differences in cooling rates and oxygen diffusion.

Another source of scale-up difficulty is variability. Materials produced at scale must meet specifications consistently, batch after batch. Variations in feedstock composition, processing conditions, or environmental factors can lead to variability in product properties. For biochars, variations in feedstock (different rice varieties, different cow breeds) translate into variations in biochar properties. For metamaterials, nanometer-scale variations in feature dimensions can significantly affect optical performance. Controlling this variability requires robust process control and thorough understanding of which variables are most critical.

6.2 Application-Specific Requirements

The requirements for materials in practical applications often differ from those in laboratory demonstrations in ways that are not captured by standard characterization. A biochar that effectively removes a model contaminant from a simple aqueous solution may perform poorly in soil, where competing ions, natural organic matter, and heterogeneous conditions complicate sorption. A metamaterial that achieves impressive beam steering in a controlled laboratory setup may fail in an outdoor environment subject to temperature variations, humidity, and mechanical vibration.

Meeting application-specific requirements often requires additional development beyond what is needed for laboratory performance. Biochars may need to be formulated into granules or pellets for ease of application, which requires binders and processing that affect sorption properties. Metamaterials may need

encapsulation for protection from environmental degradation, which adds materials and complexity. Polymer gel dosimeters may need packaging that prevents oxygen ingress while allowing radiation to penetrate.

6.3 Cost Considerations

Cost is a critical but often overlooked factor in materials development. Many advanced materials are simply too expensive to produce for their intended applications, regardless of their performance characteristics. The cost of raw materials, processing, and quality control must all be considered in evaluating whether a material can be practically deployed.

Biochars have an advantage in this regard because they are produced from waste materials that would otherwise require disposal. Rice husk, cow horn, and cattle rumen content are all waste streams with limited alternative uses, so their use as feedstock for biochar production offers both waste management and material production benefits. However, the costs of collection, transportation, and processing still must be considered, and the economics may vary depending on local conditions.

Metamaterials face more significant cost challenges, particularly when fabrication requires expensive lithography techniques. The cost per unit area of electron-beam-written metamaterials is orders of magnitude higher than what would be required for many applications. Developing lower-cost fabrication methods, such as roll-to-roll nanoimprint lithography or self-assembly approaches, is essential for enabling widespread deployment.

7. Trade-Offs and Multifunctional Design

7.1 The Ubiquity of Trade-Offs

Materials design is almost always a matter of compromise. Improving one property typically degrades another, and achieving acceptable performance across all requirements often requires careful balancing of competing objectives. Recognizing and quantifying these trade-offs is essential for rational design.

In polymer gel dosimeters, increasing gelatin concentration improves thermal stability but increases viscosity and may affect dose response. Using THPC instead of ascorbic acid improves thermal stability but may introduce other effects on the radiation chemistry. Adding maltose improves thermal stability but increases the complexity of the formulation and may affect other properties. There is no formulation that optimizes all properties simultaneously; the best formulation depends on which properties are most critical for the intended application.

In biochars, higher pyrolysis temperatures increase surface area and aromaticity but reduce yield and surface functionality. Larger particle sizes facilitate handling and application but reduce the rate of sorption. Higher application rates produce greater contaminant removal but

increase cost and may have adverse effects on soil properties.

In active metamaterials, higher tuning speeds typically require smaller device dimensions, which may reduce modulation depth. Phase-change materials with higher optical contrast often require higher switching energies. Designs that achieve narrowband performance typically sacrifice broadband capability.

7.2 Strategies for Managing Trade-Offs

Several strategies can help manage trade-offs in materials design. One approach is to identify the performance requirements precisely and optimize for the actual application rather than for general performance. A biochar that needs to remove contaminants over months or years in the field may have different optimal properties than one that needs to provide rapid initial reduction in contaminant concentration.

Another approach is to decouple properties that are traditionally linked by introducing additional design variables. For example, the mechanical properties and sorption capacity of biochars are both influenced by pore structure, but different aspects of pore structure (total porosity vs. pore size distribution) may be independently tunable through choice of feedstock and processing conditions. Identifying such decoupling opportunities can expand the design space.

A third approach is to accept trade-offs and design for graceful degradation rather than optimal performance. A metamaterial that loses some efficiency under certain conditions but continues to function may be preferable to one that achieves higher peak performance but fails completely under conditions that are sometimes encountered.

7.3 Multifunctional Materials

An alternative to managing trade-offs is to design materials that serve multiple functions simultaneously, so that the trade-offs are between different functions rather than between different aspects of the same function. Multifunctional materials can provide benefits that exceed what would be possible with separate materials, and can enable applications that would otherwise be impossible.

Biochars provide an example of multifunctional materials. In addition to their sorption capacity for contaminants, biochars can improve soil water retention, provide habitat for microorganisms, sequester carbon, and supply nutrients. These additional functions may not be the primary purpose of the application, but they contribute to overall benefits and can offset costs. Similarly, the use of biochars for soil remediation simultaneously addresses waste management (by converting waste to useful products)

and climate change mitigation (through carbon sequestration).

Active metamaterials also exhibit multifunctionality, since the same structure can be reconfigured to serve different purposes. A metamaterial that switches between reflecting and transmitting states can serve as a tunable filter, a reconfigurable antenna, or a switchable thermal emitter, depending on the application. This versatility is one of the attractions of active metamaterials and a motivation for continued research.

8. Sustainability and Waste Valorization

8.1 The Circular Economy in Materials Design

The principles of circular economy—designing out waste, keeping materials in use, and regenerating natural systems—are increasingly being applied to materials development. Rather than designing materials with a linear lifecycle (extraction, use, disposal), designers are increasingly seeking to incorporate recycled or waste materials as feedstocks and to ensure that end-of-life materials can be recovered or safely degraded.

Biochar production from agricultural and abattoir waste exemplifies this approach. Rice husk, a byproduct of rice milling, is produced in enormous quantities globally and often burned or landfilled with environmental consequences. Cow horns are a byproduct of meat processing that has limited commercial value. Cattle rumen content, the partially digested plant material in the stomach, is typically disposed of as waste. Converting these materials to biochars that serve useful environmental purposes transforms waste streams into valuable products.

The benefits are multiple. Waste that would otherwise require disposal is diverted to productive use. Materials that would otherwise be produced from virgin resources (activated carbon, for example) are replaced with alternatives produced from waste. And the resulting materials provide environmental benefits (contaminant removal, carbon sequestration) that contribute to sustainability goals.

8.2 Life Cycle Considerations

Assessing the sustainability of materials requires consideration of impacts across the full life cycle, from raw material extraction through production, use, and disposal. A material that performs well in its application but generates significant environmental burdens during production may not represent a net benefit compared with alternatives.

For biochars, life cycle assessment must consider the energy required for pyrolysis, the emissions generated during production, the transport of feedstocks and products, and the fate of the material after use. The benefits include the carbon sequestered in the biochar (which persists in soil for decades to centuries), the contaminants removed from soil or water, and the waste diverted from disposal. Whether the net balance is positive

depends on the specific circumstances, including the energy source used for pyrolysis and the distance over which materials are transported.

For advanced materials such as metamaterials, life cycle considerations are more challenging because the products are still at an early stage of development and the full range of applications is uncertain. However, the use of precious metals and the energy-intensive fabrication processes raise concerns that must be addressed as the technology matures.

8.3 Designing for End-of-Life

Sustainable materials design must consider what happens to materials at the end of their useful life. Materials that cannot be recycled or safely degraded will accumulate in landfills or the environment, creating problems for future generations. Designing for end-of-life means selecting materials that can be recovered or that degrade safely, and designing products that can be easily disassembled for material recovery.

Biochars have an advantage in this regard because they are inherently stable and can remain in soil for long periods without adverse effects. Indeed, the persistence of biochar in soil is part of its value, since it represents long-term carbon storage. However, biochars loaded with contaminants may require special handling to prevent contaminant release, and the eventual fate of the sorbed contaminants must be considered.

For more complex materials, designing for end-of-life may require trade-offs with performance. Materials that are easy to recycle may have lower performance than materials that are optimized for specific properties without regard for recyclability. Navigating these trade-offs requires considering the full life cycle and weighing the benefits of performance against the costs of disposal.

9. Adaptive and Responsive Materials

9.1 The Emergence of Adaptive Materials

Traditional materials are designed to perform a specific function under a defined set of conditions. Adaptive materials, by contrast, are designed to change their properties in response to external stimuli, providing functionality that varies with the environment or user input. This capacity for adaptation opens new possibilities for applications that require materials to respond to changing conditions.

Active metamaterials represent one class of adaptive materials, in which the electromagnetic response can be tuned through electrical, optical, thermal, or mechanical stimulation. The ability to reconfigure the response allows a single device to serve multiple functions—switching between reflecting and transmitting states, steering a beam in different directions, or changing the wavelength of operation.

This flexibility is valuable in applications where a fixed response would be inadequate.

Polymer gel dosimeters exhibit a different form of adaptivity, in which the material undergoes an irreversible change (polymerization) in response to radiation. This "adaptivity" is really a form of sensing and recording, in which the material serves as a memory of its exposure history. The ability to read out this history in three dimensions is what makes gel dosimeters valuable for radiotherapy planning.

9.2 Design Challenges for Adaptive Materials

Adaptive materials introduce additional design challenges beyond those encountered for static materials. The material must have the desired properties in each of its states, and the transitions between states must be controllable and reproducible. The mechanisms that enable switching must be compatible with the other functions of the material, and the switching must not degrade the material over time.

For active metamaterials, these challenges include designing unit cells that achieve the desired response in each state, developing actuation mechanisms that can reliably switch between states, and ensuring that the materials and structures can survive many switching cycles without degradation. The latter requirement is particularly demanding for phase-change materials, where the volume changes associated with transitions can induce mechanical stresses that lead to fatigue and failure.

For polymer gel dosimeters, the challenge is ensuring that the response to radiation is uniform and reproducible, and that the dose distribution is preserved from irradiation through readout. Thermal stability is critical because melting would destroy the spatial information, and oxygen sensitivity must be controlled to avoid artifacts.

9.3 The Promise and Limits of Adaptivity

Adaptive materials offer the promise of functionality that cannot be achieved with static materials. A material that can change its reflectivity in response to temperature enables smart windows that automatically regulate solar heat gain. A material that can change its shape in response to magnetic fields enables soft robots that navigate complex environments. A material that can record radiation dose in three dimensions enables radiotherapy treatments that are precisely tailored to tumor geometry.

However, adaptivity also introduces limitations. The need to accommodate switching mechanisms often requires design compromises that reduce peak performance. The materials and structures needed for adaptivity may be more expensive or more difficult to manufacture than static alternatives. And the reliability requirements for adaptive materials are often more demanding, since the consequences of failure may be greater.

10. Synthesis: A Cross-Domain Framework for Materials Design

10.1 Common Principles

The analysis of polymer gel dosimeters, biochars, and active metamaterials reveals several principles that apply across these disparate domains. These principles can inform materials development regardless of the specific application.

First, structure and function are inextricably linked, and progress in materials design requires understanding how structural features at multiple length scales contribute to performance. Characterization techniques that probe different aspects of structure are essential tools for developing this understanding.

Second, stability is a design requirement that must be addressed from the outset rather than after other properties have been optimized. The specific stability requirements—thermal, chemical, mechanical—depend on the application, but all applications impose some constraints that must be respected.

Third, trade-offs between competing requirements are unavoidable, and effective design requires balancing these trade-offs rather than optimizing for any single property. Understanding which properties are most critical for a given application allows designers to make informed compromises.

Fourth, the transition from laboratory to application requires attention to manufacturing, cost, and application-specific requirements. Materials that perform well in laboratory tests may fail in practical applications for reasons that have little to do with their fundamental properties.

Fifth, sustainability considerations should be integrated into materials design from the beginning. Materials that generate environmental burdens during production or disposal may not represent net benefits even if they perform well in their intended applications.

10.2 Implications for Research and Practice

These principles have implications for both research and practice in materials science.

For research, they suggest the value of interdisciplinary approaches that draw on expertise from multiple domains. The challenges of thermal stability, for example, are addressed differently in different fields, and cross-fertilization may suggest approaches that would not be obvious within a single discipline. The development of characterization techniques that can probe structure under operating conditions is a research priority that would benefit many applications.

For practice, these principles suggest the value of integrated design approaches that consider all aspects of materials performance from the outset. Rather than optimizing for a single property and then addressing other requirements, designers should consider the full range of requirements and seek solutions that satisfy all

of them. This may require accepting lower performance in one area to achieve acceptable performance in another.

10.3 Future Directions

Several trends are likely to shape the future of functional materials design. The increasing power of computational methods, including machine learning and artificial intelligence, is enabling faster and more accurate prediction of material properties, reducing the need for trial-and-error experimentation. The development of new characterization techniques, particularly those that can probe materials under operating conditions, is providing deeper insights into structure-property relationships. And the growing emphasis on sustainability is driving innovation in materials that are produced from renewable or waste feedstocks and that can be recycled or safely degraded at end of life.

These trends suggest a future in which materials design is increasingly informed by fundamental understanding, increasingly integrated across length scales, and increasingly attentive to the full life cycle of materials from production through disposal. The challenges are substantial, but so are the opportunities for improving human welfare through advanced materials.

11. Conclusions

The development of functional materials is a complex, multi-faceted endeavor that spans diverse disciplines and applications. Despite the apparent differences among fields such as biomedical physics, environmental remediation, and photonic engineering, the underlying challenges share fundamental characteristics. Materials must be designed with structure controlled at multiple length scales, stability ensured under demanding conditions, performance characterized through complementary techniques, and manufacturing scaled from laboratory demonstrations to practical production.

This article has examined these challenges through the lens of three specific materials systems: polymer gel dosimeters for radiotherapy, biochars for soil remediation, and active metamaterials for electromagnetic wave control. Each system illustrates different aspects of the design problem and offers different lessons. From polymer gel dosimeters, we learn about the importance of thermal stability and the multiple strategies available for improving it. From biochars, we learn about the value of waste valorization and the potential of multifunctional materials. From active metamaterials, we learn about the challenges of adaptive materials and the trade-offs inherent in designing for reconfigurability.

The integration of these lessons points toward a cross-domain framework for materials design that emphasizes the interdependence of structure, stability, and function. Rather than treating these as separate concerns addressed sequentially, designers should address them simultaneously, using characterization to guide iterative refinement and considering stability requirements from

the outset. The framework also emphasizes the importance of application-specific requirements, cost considerations, and sustainability throughout the design process.

The path from laboratory discovery to practical application is long and challenging. Many promising materials fail to make the transition, not because of fundamental limitations but because of practical obstacles that could have been anticipated with a more integrated design approach. By learning from successes and failures across domains, and by developing frameworks that capture the commonalities underlying diverse applications, the field of materials science can accelerate progress toward materials that address pressing societal needs.

References

- Abtahi, S. M., Zahmatkesh, M. H., & Khalafi, H. (2016). Investigation of an improved MAA-based polymer gel for thermal neutron dosimetry. *Journal of Radioanalytical and Nuclear Chemistry*, *307*(2), 855–861.
- Al-Jarrah, A. M., Abdul Rahman, A., Shahrim, I., Razak, N. N. A. N. A., Ababneh, B., & Tousi, E. T. (2016). Effect of inorganic salts and glucose additives on dose-response, melting point and mass density of genipin gel dosimeters. *Physica Medica*, *32*(1), 36–42.
- Baldock, C. (2006). Historical overview of the development of gel dosimetry: A personal perspective. *Journal of Physics: Conference Series*, *56*, 14–22.
- Bibas, S. (2009). Prosecutorial regulation versus prosecutorial accountability. *University of Pennsylvania Law Review*, *157*(4), 959–1016.
- Buchadas, A., Alves, A., Sequeira, M. M., Silva, R. A., Ferreira, V., & Lambin, E. F. (2025). A multiform energy transition: Typifying wind and solar energy-land systems in Portugal. *Manuscript submitted for publication*.
- De Deene, Y. (2022). Radiation dosimetry by use of radiosensitive hydrogels and polymers: Mechanisms, state-of-the-art and perspective from 3D to 4D. *Gels*, *8*(9), 599.
- Gu, J., Liu, K., Yang, S., Sun, S., Liu, J., Li, X., Mu, H., Wen, Q., He, C.-S., & Lai, B. (2025). Tire-derived 6PPD-quinone in water: Environmental fate, ecological risks, and advances in its mitigation. *Environmental Science & Technology*, *59*(12), 6001–6015.
- Hiroki, A., Sato, Y., Nagasawa, N., Ohta, A., Seito, H., Yamabayashi, H., Yamamoto, T., Taguchi, M., Tamada, M., & Kojima, T. (2013). Preparation of polymer gel dosimeters based on less toxic monomers and gellan gum. *Physics in Medicine and Biology*, *58*(20), 7131–7144.
- Huang, X., Jeswani, H. K., & Azapagic, A. (2025). Industrial-scale production of photocatalytic hydrogen in China: Life cycle environmental and economic assessment in comparison with other solar and conventional technologies. *Environmental Science & Technology*, *59*(8), 4102–4115.
- Iniahe, F. O., Iniahe, P. O., Tesi, G. O., & Iwuure, W. (2026). Cattle rumen content, rice husk and cow horn biochars as amendments for enhanced remediation of petroleum-hydrocarbon-contaminated soil: Physicochemical characterization and performance evaluation. *Journal of the Nigerian Society of Physical Sciences*, *8*, 3388.
- Jaszczak, M., Kolesinska, B., Wach, R., Maras, P., Dudek, M., & Kozicki, M. (2019). Examination of THPC as an oxygen scavenger impacting VIC dosimeter thermal stability and comparison of NVP-containing polymer gel dosimeters. *Physics in Medicine and Biology*, *64*(3), 035019.
- Jaszczak, M., Wach, R., Maras, P., Dudek, M., & Kozicki, M. (2018). Substituting gelatin with Pluronic F-127 matrix in 3D polymer gel dosimeters can improve nuclear magnetic resonance, thermal and optical properties. *Physics in Medicine and Biology*, *63*(17), 175010.
- Kozicki, M., Jaszczak, M., & Maras, P. (2022). Features of PABIGnx 3D polymer gel as an ionising radiation dosimeter. *Materials*, *15*(7), 2550.
- Lehmann, J., Rillig, M. C., Thies, J., Masiello, C. A., Hockaday, W. C., & Crowley, D. (2011). Biochar effects on soil biota – A review. *Soil Biology & Biochemistry*, *43*(9), 1812–1826.
- Muhammad, A., Azhar, A. R., Shahrim, M. I., Aziz, A., & Zahri, M. (2025). Impact of maltose additive on improving the radiation sensitivity of HEMA polymer gel dosimeter for radiotherapy. *Engineering Headway*, *15*, 79–86.
- Pathak, H. K., Seth, C. S., Chauhan, P. K., Dubey, G., Singh, G., Jain, D., Upadhyay, S. K., Dwivedi, P., & Khoo, K. S. (2024). Recent advancement of nano-biochar for the remediation of heavy metals and emerging contaminants: Mechanism, adsorption kinetic model, plant growth and development. *Environmental Research*, *255*, 119136.
- Pope, S. A., Roth, D. J., Bansal, A., Mousa, M., Rezanejad, A., Forte, A. E., Nash, G. R., Singleton, L., Langfeldt, F., Cheer, J., Henthorn, S., Hooper, I. R., Hendry, E., Powell, A. W., Souslov, A., Plum, E., Sun, K., de Groot, C. H., Muskens, O. L., ... Galiffi, E. (2026). The 2026 active metamaterials roadmap. *Journal of Physics D: Applied Physics*, *59*, 143001.
- Rabae, K. A., Basfar, A. A., Almousa, A. A., Devic, S., & Moffath, B. (2017). New normoxic N-(hydroxymethyl)acrylamide based polymer gel for 3D dosimetry in radiation therapy. *Physica Medica*, *33*, 121–126.
- Salman, M. D., Radzi, Y., Oglat, A. A., Kolabi, R. W., Saleh, A., Idris, A., Alhassan, M., Abdullah, W., & Azhar, A. (2025). Enhancing the acoustic properties for a novel

radiation dosimetry PMMAG by optimizing the stability of copper oxide nanoparticles. *Bionanoscience*, *15*, 278.

Tosh, S. M., & Marangoni, A. G. (2004). Determination of the maximum gelation temperature in gelatin gels. *Applied Physics Letters*, *84*(21), 4242–4244.

Tripathi, V., Gaur, V. K., Kaur, I., Srivastava, P. K., & Manickam, N. (2024). Unlocking bioremediation potential for site restoration: A comprehensive approach for crude oil degradation in agricultural soil and phytotoxicity assessment. *Journal of Environmental Management*, *355*, 120508.

Wang, D., Lin, J., Tang, J., Fu, Y., Liu, X., Wei, W., & Ni, B.-J. (2025). From naturally occurring to engineered nano-biochar: Properties, feasibility, and challenges for sustainable environmental remediation. *Environmental Science & Technology*, *59*(15), 7218–7235.

Wei, Z., Wei, Y., Liu, Y., Niu, S., Xu, Y., Park, J.-H., & Wang, J. J. (2024). Biochar-based materials as remediation strategy in petroleum hydrocarbon-contaminated soil and water: Performances, mechanisms, and environmental impact. *Journal of Environmental Sciences*, *138*, 350–372.

Zhao, J., Chen, R., Wang, K., Yi, L., & Zhang, S. (2021). Predicting insect pest population dynamics using machine learning algorithms. *Computers and Electronics in Agriculture*, *189*, 106354.

Zhen, M., Tang, J., Li, C., & Sun, H. (2021). Rhamnolipid-modified biochar-enhanced bioremediation of crude oil-contaminated soil and mediated regulation of greenhouse gas emission in soil. *Journal of Soils and Sediments*, *21*(1), 123–135.