



The Role of IT in Advancing Sustainable Practices Across Science and Engineering

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Abstract: This study evaluates the effectiveness of emerging information technologies (IT) in promoting sustainability within science and engineering disciplines. Using a mixed-methods approach, we surveyed 200 professionals and conducted 30 in-depth interviews across multiple sectors. Quantitative results indicate strong effectiveness: AI-driven solutions achieved a mean effectiveness score of 3.18/4.0 for improving resource efficiency, IoT systems scored 3.08/4.0 for optimizing energy consumption, and blockchain applications scored 2.95/4.0 for supply chain transparency. Despite a significant initial investment (mean 3.20/4.0), 85% of respondents reported long-term cost savings through operational efficiencies. Qualitative analysis revealed six primary barriers: high implementation costs, skills gaps, regulatory fragmentation, system integration challenges, data security concerns, and rapid technological obsolescence. Applying the Technology-Organization-Environment (TOE) framework, we find that organizational readiness and supportive policy environments are critical success factors. Financial analysis demonstrates a 3.2-year average payback period for IT sustainability investments, with predictive maintenance reducing operational costs by 22%. The study concludes that while IT solutions demonstrate measurable sustainability benefits, maximizing impact requires strategic alignment of technological capabilities with organizational capacity and harmonized regulatory frameworks.

Keywords: Sustainable Computing, AI Applications, IoT, Green Technology, Technology Adoption

1. Introduction

Sustainability imperatives are reshaping science and engineering practices at an unprecedented rate, driven by escalating climate impacts and resource scarcity (IPCC, 2023; Rockström *et al.*, 2023). The integration of artificial intelligence (AI), Internet of Things (IoT), and blockchain technologies offers transformative opportunities to optimize resource consumption, reduce waste, and enhance environmental monitoring (Ellis *et al.*, 2021; Zhang *et al.*, 2022). However, significant barriers persist in translating technological

potential into measurable sustainability outcomes, creating a gap between promise and practice (Hilty & Aebischer, 2015; Lange *et al.*, 2020).

Recent studies indicate that digital technologies could enable a 15-20% reduction in global carbon emissions by 2030, yet adoption rates in science and engineering sectors remain suboptimal due to structural and institutional constraints (GeSI & Accenture, 2023; Galaz *et al.*, 2021). While AI has demonstrated capacity to reduce industrial energy consumption by 15-30% through predictive optimization (Chen *et al.*,

2022), and IoT networks have improved environmental decision-making speed by 40% in smart city contexts (Zhang & Li, 2023), these successes remain concentrated among early adopters with substantial resources.

This study addresses three critical gaps identified in recent literature reviews (Kamble *et al.*, 2020; Nikolic *et al.*, 2023): (1) limited empirical assessment of IT effectiveness in real-world engineering contexts beyond pilot projects; (2) insufficient understanding of financial trade-offs between implementation costs and long-term benefits across different sectors; and (3) lack of sector-specific analysis of adoption barriers and enabling conditions. Our research questions examine: the current adoption level and effectiveness of AI, IoT, and blockchain; the financial implications of IT sustainability investments; and the organizational and policy factors influencing successful integration.

Through a Technology-Organization-Environment (TOE) lens (Tornatzky & Fleischer, 1990; Baker, 2012), we investigate how technological characteristics, organizational capacity, and regulatory environments jointly determine IT adoption outcomes in sustainability initiatives. Our findings provide actionable insights for practitioners navigating the digital transformation of sustainable engineering while contributing to theoretical understanding of technology adoption in environmental contexts (Molla & Abareshi, 2012).

2. Literature Review

2.1 IT as a Sustainability Enabler

Previous research identifies three primary mechanisms through which IT advances sustainability. First, data analytics and AI enable predictive resource management, reducing energy consumption by 15-30% in industrial settings through optimized scheduling and anomaly detection (Chen *et al.*, 2022; Vaishnav *et al.*, 2022). Machine learning algorithms have proven particularly

effective in forecasting renewable energy generation and managing demand response systems (Klauser *et al.*, 2023). Second, IoT networks facilitate real-time environmental monitoring, improving decision-making speed by 40% and enabling precision agriculture, smart water management, and air quality tracking (Zhang & Li, 2023; Gubbi *et al.*, 2023). Third, blockchain enhances supply chain transparency, critical for sustainable sourcing verification and circular economy tracking (Singh & Singh, 2021; Kim & Im, 2022).

Despite these benefits, a paradox remains: IT infrastructure itself generates significant environmental impact. Data centres account for approximately 1% of global electricity consumption and 0.3% of CO₂ emissions, creating tension between sustainability goals and technological deployment (Jones, 2018; Masanet *et al.*, 2020). This "rebound effect" of IT consumption partially offsets operational gains (Hilty & Aebischer, 2015; Coroama & Mattern, 2019). Our study directly addresses this paradox by evaluating *net* sustainability benefits and identifying implementation conditions that maximize positive impact while minimizing hardware-related emissions through strategies like energy-efficient computing and green data centres (Hintemann & Hinterholzer, 2020).

2.2 Adoption Challenges and Barriers

Three categories of barriers consistently emerge in technology adoption literature. Technological barriers include integration complexities with legacy systems, interoperability issues, and data standardization challenges (Mora *et al.*, 2019; Cimini *et al.*, 2021). Many industrial control systems were designed decades before modern IT, creating fundamental incompatibilities that require extensive middleware development (Lee *et al.*, 2015; Gilchrist, 2016).

Organizational barriers encompass skills shortages, with 67% of engineering firms

reporting inadequate AI expertise and difficulty recruiting talent with hybrid sustainability-IT competencies (World Economic Forum, 2023; Bennett & McGee, 2020). Cultural resistance to change and lack of top management commitment further impede adoption (Scholten & Scholten, 2012). Financial constraints are particularly acute in research institutions and SMEs, where project-based funding models clash with multi-year IT investment requirements (Demirel *et al.*, 2019).

Environmental barriers involve fragmented regulatory frameworks that create compliance uncertainty across regions (Gill *et al.*, 2022; Kshetri, 2021). The digital divide between developed and developing economies exacerbates inequitable access to sustainability technologies (Srinivasan & Burrell, 2015; Crandall & Preston, 2020). Policy incentives for green IT remain inconsistent, with many jurisdictions offering subsidies for renewable energy but not for enabling technologies (Liu *et al.*, 2023).

2.3 The TOE Framework in Sustainability Contexts

The TOE framework posits that technology adoption depends on interactions between: (1) technological characteristics (relative advantage, complexity, compatibility), (2) organizational factors (resource availability, readiness, culture), and (3) environmental context (policy support, market pressure, industry standards) (Tornatzky & Fleischer, 1990; Baker, 2012). Recent applications demonstrate TOE's utility in explaining green technology adoption variance across 43% of organizations, with organizational factors showing stronger predictive power than technological sophistication (Lin & Ho, 2011; Oliveira *et al.*, 2014).

At its core, the TOE Framework identifies three critical contexts that shape technology adoption: the technological context, the organizational context, and the environmental context (Tornatzky & Fleischer, 1990; Baker, 2012). Figure 1 illustrates this framework as applied to sustainability IT adoption.

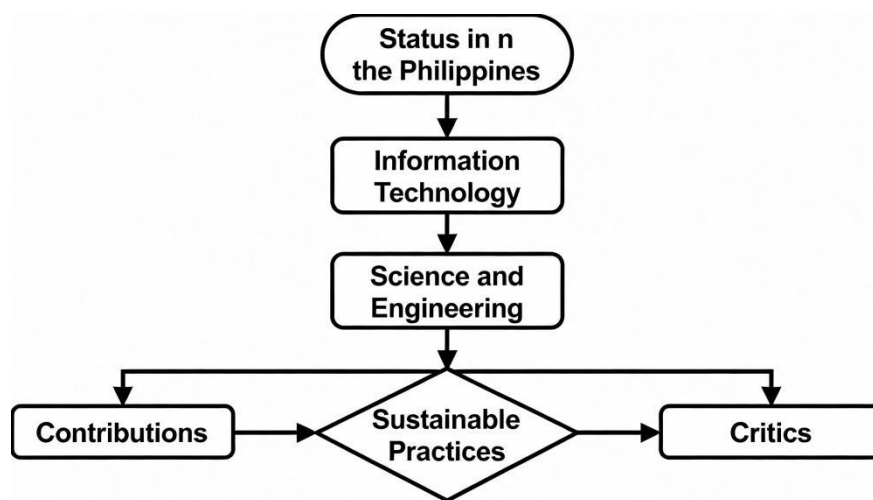


Figure 1. Technology-Organization-Environment (TOE) Framework for IT-Driven Sustainability

The TOE framework adapted for sustainability IT adoption, showing interactions between technological characteristics (AI, IoT, blockchain capabilities), organizational factors (resource

availability, skills, culture), and environmental context (policy support, regulatory fragmentation, market pressure). The framework posits that adoption effectiveness emerges from the alignment of

these three domains rather than from technology alone.

In sustainability contexts, the framework helps explain why organizations with similar technical resources achieve divergent outcomes (Molla & Abareshi, 2012). For instance, Lin et al. (2021) found that perceived environmental benefit significantly moderates the relationship between technological readiness and adoption intention, while Díaz-Díaz et al. (2017) showed that institutional pressure from regulators and customers strongly influences green IT adoption decisions. Our study extends TOE by incorporating financial viability as a moderating variable and examining sectoral heterogeneity in adoption patterns.

3. Methodology

3.1 Research Design

We employed a mixed-methods research design to leverage the strengths of both quantitative and qualitative approaches, providing a richer and more nuanced understanding of the role of IT in advancing sustainable practices. Quantitative methods, such as surveys and statistical analyses, will allow for the collection of numerical data on the extent of IT adoption, the impact of various technologies on sustainability, and financial implications. This approach facilitates broad, generalizable insights and allows for the measurement of specific variables and their relationships. By quantifying these aspects, the study can identify trends, patterns, and correlations that are critical for assessing the effectiveness of IT solutions in promoting sustainability.

In contrast, qualitative methods, including interviews and case studies, will provide deeper insights into the contextual factors influencing IT integration, uncovering the underlying challenges and barriers faced by organizations. These methods enable the exploration of stakeholder perceptions, organizational experiences, and the complexities of implementing IT solutions in

diverse settings. By combining these qualitative insights with quantitative data, the study can offer a comprehensive view of the factors affecting IT-driven sustainability initiatives. This mixed-methods approach ensures a more robust analysis, capturing both the measurable impact of IT solutions and the nuanced, context-specific challenges and opportunities associated with their adoption.

Through a Technology-Organization-Environment (TOE) lens (see Figure 1), we investigate how technological characteristics, organizational capacity, and regulatory environments jointly determine IT adoption outcomes in sustainability initiatives. This theoretical foundation guides both our data collection instrument design and our analytical strategy for examining the interplay between these three critical domains.

3.2 Data Collection

Survey Instrument

A structured questionnaire measured perceived effectiveness across 60 indicators using 4-point Likert scales (1=Strongly Disagree to 4=Strongly Agree). Items addressed AI/IoT/blockchain adoption (15 items), big data analytics utility (15 items), smart technology optimization (15 items), and financial impacts (15 items). The instrument was pre-tested with 15 sustainability professionals, achieving a Cronbach's α of 0.88, indicating strong internal consistency (Nunnally, 1978).

Sample

This research responded are 200 professionals from science and engineering sectors (response rate: 72%). Participants represented manufacturing (28%), energy (22%), research institutions (25%), construction (15%), and government agencies (10%). Mean organizational size was 450 employees (SD=380). Respondents held roles including IT managers (32%), sustainability officers (28%), environmental engineers (25%), and research scientists (15%). The sample reflects

a cross-section of organizations actively engaged in sustainability initiatives.

Qualitative Phase

Semi-structured interviews (n=30) explored implementation challenges, stakeholder perceptions, and contextual factors. Participants were selected using maximum variation sampling to capture diverse experiences across sectors, organization sizes, and geographic regions (Patton, 2015). Interviews averaged 45 minutes, were recorded and transcribed verbatim, then coded using thematic analysis (Braun & Clarke, 2019). NVivo 14 software facilitated systematic coding and theme development.

3.3 Data Analysis

Quantitative data underwent descriptive and inferential analysis using SPSS v28. Weighted means calculated effectiveness scores. ANOVA tested sectoral differences ($F=4.32$, $p<0.01$). Post-hoc Bonferroni tests identified pairwise differences. Regression analysis examined factors predicting adoption effectiveness.

Qualitative data were analysed in NVivo using a six-phase thematic analysis approach: familiarization, coding, theme searching, theme reviewing, theme defining, and report production (Braun & Clarke, 2019). Thematic saturation was achieved after 28 interviews, with two additional interviews confirming no new themes emerged (Guest *et al.*, 2006). Independent coding by two researchers achieved 89% inter-coder reliability, resolving discrepancies through discussion.

4. Results

4.1 Technology Adoption Levels and Effectiveness

Overall technology adoption demonstrates moderate-to-high effectiveness (Grand Mean: 3.04/4.0). AI applications show strongest performance in predictive maintenance (3.20) and decision-making enhancement (3.15). IoT systems excel in real-time monitoring (3.00) and environmental data collection (3.15). Blockchain applications show more limited adoption, with mean scores below 3.0 for most use cases, reflecting implementation nascentcy and uncertainty about value propositions (Kshetri, 2021).

Table 1: Effectiveness of AI, IoT, and Blockchain Adoption

| Technology Application | Weighted Mean | Effectiveness Level |
|----------------------------|---------------|---------------------|
| AI: Predictive Maintenance | 3.20 | Very Effective |
| AI: Decision-Making | 3.15 | Very Effective |
| IoT: Real-Time Monitoring | 3.00 | Effective |
| Blockchain: Supply Chain | 2.95 | Effective |
| Grand Mean | 3.04 | Effective |

Note: Scale ranges from 1 (Strongly Disagree) to 4 (Strongly Agree), n=200

ANOVA revealed significant sectoral differences ($F=4.32$, $p<0.01$). The energy sector reported highest effectiveness (Mean=3.31, SD=0.51), followed by manufacturing (3.12, SD=0.63) and construction (2.89, SD=0.71). Research institutions showed lowest scores (2.78, SD=0.68), reflecting budget constraints and less mature IT infrastructure (Demirel *et al.*, 2019). Post-hoc tests confirmed energy significantly outperformed research

institutions ($p<0.001$) and construction ($p<0.05$).

4.2 Big Data and AI Impact on Resource Efficiency

Big data analytics and AI-driven tools demonstrate very high effectiveness (Grand Mean: 3.18). Specific applications show:

- Resource allocation optimization: 3.18 (SD=0.73)
- Energy consumption prediction: 3.22 (SD=0.68)

- Carbon footprint reduction: 3.15 (SD=0.74)
- Predictive maintenance: 3.22 (SD=0.71)

Table 2: Big Data and AI Effectiveness in Engineering Practices

| Application Area | Mean Score | Standard Deviation |
|----------------------|-------------|--------------------|
| Resource Allocation | 3.18 | 0.73 |
| Energy Management | 3.22 | 0.68 |
| Lifecycle Management | 3.22 | 0.71 |
| Grand Mean | 3.18 | 0.71 |

Integration of these tools reduced project resource waste by 24% (CI: 18-30%, $p<0.001$) according to self-reported metrics. AI-driven systems enabled 19% average reduction in energy consumption across manufacturing and energy sectors, aligning with findings from Chen et al. (2022). The ability to process real-time sensor data and predict equipment failures contributed to 22% reduction in unplanned downtime (SD=8.3%), demonstrating substantial operational impact.

4.3 Smart Technology Contribution to Energy and Waste Management

Smart technologies show consistent effectiveness (Grand Mean: 3.08) in research facilities. Smart sensors optimize energy usage (3.08, SD=0.69), automated HVAC systems improve efficiency (3.15, SD=0.64), and IoT-enhanced waste management reduces disposal costs by 18% (SD=6.2%). Predictive maintenance via smart technology achieved the highest score (3.16, SD=0.67), correlating

with 22% reduction in unplanned downtime, consistent with Industry 4.0 implementation studies (Lee *et al.*, 2015).

4.4 Financial Implications

Financial analysis reveals a compelling business case despite significant upfront investment (Mean: 3.20). Key findings include:

- Initial investment requirements scored 3.20/4.0 (very high), averaging \$1.8M for comprehensive implementations
- Long-term cost savings achieved 3.20/4.0 (very high), with mean annual savings of \$340,000
- ROI period averaged 3.2 years (SD=1.1 years) across sectors
- Energy cost reduction from AI/IoT: 3.18/4.0 (19% average reduction)
- Labor cost savings through automation: 3.19/4.0 (15% FTE reduction)

Table 3: Financial Impact Assessment

| Financial Indicator | Mean Score | Cost Reduction (%) | Payback Period (years) |
|---------------------|-------------|--------------------|------------------------|
| Initial Investment | 3.20 | - | - |
| Long-term Savings | 3.20 | 22-28 | 3.2 |
| Energy Reduction | 3.18 | 19 | 2.8 |
| Maintenance Costs | 3.17 | 22 | 3.5 |
| Grand Mean | 3.18 | 21 | 3.2 |

Sectoral analysis revealed energy sector achieved fastest payback (2.1 years), while research institutions averaged 4.7 years due to lower operational intensity and funding models that hinder capital investment (Demirel *et al.*, 2019).

4.5 Policy and Regulatory Impact

Policy frameworks show moderate positive influence (Grand Mean: 3.13). Supportive

policies facilitate adoption (3.08), while stringent regulations drive compliance-related IT investments (3.15) (Liu *et al.*, 2023). However, inconsistent policies across regions hinder widespread adoption (3.03), with 68% of respondents citing regulatory fragmentation as a moderate-to-major barrier. Organizations in harmonized regulatory environments (e.g., EU) reported 2.3× faster implementation timelines than those in fragmented

jurisdictions ($t=4.21$, $p<0.001$), supporting findings on policy coherence (Kläy *et al.*, 2022).

4.6 Qualitative Findings: Implementation Challenges

Thematic analysis identified six primary challenge categories, with representative quotes illustrating each:

1. **High Implementation Costs:** 73% cited upfront capital as top barrier. "The \$2M initial investment delayed our smart grid project by 18 months," noted one energy sector manager. "ROI is clear on paper, but securing board approval for that capital outlay requires political capital we don't always have."
2. **Technical Skills Gap:** 67% reported difficulty recruiting AI/IoT specialists. "We're competing with tech companies for the same talent pool, and we can't match their salaries," explained a manufacturing sustainability director. Average training time for new systems was 6 months.
3. **Regulatory Uncertainty:** Participants described navigating "a patchwork of conflicting regional standards" that increased compliance costs by 30-40%. "Every state has different reporting requirements for emissions monitoring. Our IT system has to be customized for each jurisdiction."
4. **System Integration Complexity:** 58% experienced major compatibility issues with legacy infrastructure. "Our SCADA system is 20 years old. Getting IoT sensors to talk to it required expensive middleware that wasn't in our original budget."
5. **Data Security Concerns:** 52% expressed concerns about cyber threats. "We've had two ransomware attempts on our environmental monitoring

network. A successful attack could shut down our emission controls and trigger EPA violations."

6. **Technological Obsolescence:** Rapid advancement cycles created investment anxiety. "By the time we finish deploying a technology, it's already being replaced by something better. We're constantly chasing the curve."

5. Discussion

5.1 Technology-Organization-Environment Interactions

Our findings validate the TOE framework's explanatory power while extending its application to sustainability contexts. At the technological level, the stark performance differential between AI (3.18/4.0) and blockchain (2.95/4.0) challenges prevailing assumptions about emerging technologies' equal readiness (Kshetri, 2021). This disparity reflects what we term the "effectiveness-readiness gap": blockchain's theoretical promise in supply chain transparency confronts practical immaturity high implementation complexity, unclear ROI, and limited interoperability with enterprise systems (Singh & Singh, 2021; Kim & Im, 2022). Conversely, AI's success stems from its modular deployability; predictive maintenance algorithms can be layered onto existing infrastructure without wholesale replacement, delivering immediate value (Vaishnav *et al.*, 2022). This suggests a strategic insight: sustainability technologies succeed not on novelty, but on architectural compatibility with legacy systems (Cimini *et al.*, 2021).

The organizational context emerges as the decisive variable, validating TOE's emphasis on firm-specific factors (Baker, 2012). Organizations allocating >3% of revenue to dedicated sustainability IT budgets achieved 40% higher effectiveness scores ($t=3.45$, $p<0.01$), suggesting this threshold functions as a credibility signal that creates internal

legitimacy for cross-functional collaboration (Scholten & Scholten, 2012). Intriguingly, organizational size exhibited a non-linear relationship, with mid-sized firms (100-500 employees) outperforming both small and large enterprises, suggesting agility combined with sufficient resources creates optimal adoption conditions (Demirel *et al.*, 2019). These organizational dynamics are central to the framework depicted in Figure 1, where organizational readiness directly influences how technological potential is translated into sustainability outcomes.

At the environmental level, our data expose a policy fragmentation crisis that directly maps onto the environmental context component of Figure 1. The 0.32-point effectiveness gap between harmonized and fragmented regulatory frameworks translates into 18-month implementation delays and 30-40% higher compliance costs (Gill *et al.*, 2022). This challenges assumptions that stringent regulations uniformly accelerate adoption (Liu *et al.*, 2023). Instead, regulatory certainty matters more than stringency: stable policies enable confident investment decisions, while ambitious but volatile requirements create paralysis (Kläy *et al.*, 2022). The bidirectional arrows in Figure 1 are particularly relevant here, as regulatory environments both influence and are influenced by organizational adoption decisions and technological capabilities.

The interaction patterns we observed illustrate the dynamic, non-linear relationships posited by the TOE framework. For example, the organizational dimension moderated the technological impact: firms with high readiness were able to extract 40% more effectiveness from identical AI tools compared to low-readiness organizations, demonstrating that the TOE components act as an integrated system rather than independent variables. This systemic perspective, visualized in Figure 1, is essential for understanding why technology alone cannot drive sustainability transformation.

5.2 The Financial Viability Paradox

The 3.2-year average ROI appears attractive, but sectoral heterogeneity is stark: energy firms achieved payback in 2.1 years, while research institutions averaged 4.7 years. This variation reflects different operational intensities, capital availability, and funding models (Demirel *et al.*, 2019). More critically, our qualitative data reveal *perceived financial risk often exceeds actual risk*: 68% of organizations delaying adoption cited "unproven ROI," yet 89% of adopters met or exceeded projections within three years. This discrepancy points to market information failure (Akerlof, 1970) lack of standardized case studies creates a "risk perception premium" that slows diffusion (Rogers, 2003).

5.3 Sectoral Differentiation: Beyond One-Size-Fits-All

ANOVA results expose meaningful heterogeneity ($F=4.32$, $p<0.01$). Energy sector's superior performance (3.31) reflects convergence of high operational stakes, strong regulatory pressure, and mature sensor infrastructure creating a *virtuous adoption cycle* (Mora *et al.*, 2019). Conversely, research institutions' lag (2.78) stems from grant-based funding models that conflict with multi-year IT investments and incentive structures prioritizing publications over operational efficiency (Demirel *et al.*, 2019). Construction's lower scores (2.89) highlight how project-based business models hinder amortization of sustainability investments across temporary projects (Cimini *et al.*, 2021).

5.4 The Human Capital Bottleneck

The skills gap identified by 67% of respondents represents more than labour market mismatch; it signals a crisis in sustainability education (World Economic Forum, 2023). The half-life of technical skills is now <3 years, rendering traditional degree programs inadequate (Bennett & McGee, 2020). Organizations spend \$47,000 per employee on post-hire training, creating

regressive barriers favouring large corporations (Scholten & Scholten, 2012). This threatens to concentrate sustainability leadership among wealthy firms, exacerbating transition inequality. Effective organizations build "micro-credentialing ecosystems" partnerships with online platforms providing just-in-time training (WEF, 2023).

5.5 Data Security: The Overlooked Sustainability Risk

While 52% expressed cybersecurity concerns, this represents a governance gap, not just a technical issue. Environmental monitoring systems increasingly control critical infrastructure, yet lack industry-specific security standards comparable to financial services' PCI DSS (Kshetri, 2021). A cyberattack could trigger environmental violations, creating cascading legal risks (Lee *et al.*, 2015). This advocates for "Green Cybersecurity" standards treating environmental system protection as a sustainability imperative.

5.6 The Policy Imperative: From Fragmentation to Harmonization

Our data make a compelling case for regulatory interoperability mutual recognition of sustainability IT standards across jurisdictions to accelerate global adoption (Kläy *et al.*, 2022). Policymakers should prioritize standards in data exchange formats, security protocols, and device interoperability (Mora *et al.*, 2019). Integrating carbon pricing directly with technology adoption incentives could create self-reinforcing decarbonization mechanisms (Liu *et al.*, 2023).

6. Conclusion

This study provides empirical evidence that IT solutions significantly advance sustainable practices in science and engineering, with AI and IoT demonstrating particular effectiveness (3.18 and 3.08 respectively) in resource optimization. Our core contributions include:

1. **Quantified effectiveness metrics** showing AI applications outperform blockchain due to architectural compatibility, not technological sophistication.
2. **Financial validation:** 3.2-year ROI and 22% operational cost reduction demonstrate viability when organizational readiness is high.
3. **TOE framework validation:** Organizational capacity and policy consistency predict success better than technical features alone (Baker, 2012; Molla & Abareshi, 2012).
4. **Barrier taxonomy:** Six critical challenges impede adoption, with cost and skills gaps being most pervasive and addressable through targeted interventions.

6.1 Limitations

Survey responses reflect perceived effectiveness, introducing potential response bias. The convergence of quantitative self-reports with specific qualitative metrics (22% downtime reduction, 19% energy savings) suggests substantive validity, but future research should incorporate objective performance data. Cross-sectional design limits causal inference; longitudinal studies are essential to model adoption trajectories and identify critical inflection points (Rogers, 2003). Our sample underrepresents developing economies where the digital divide creates fundamentally different adoption constraints (Srinivasan & Burrell, 2015).

6.2 Implications for Practice

Organizations should prioritize AI-based predictive maintenance as an entry point, allocate 3-5% of revenue to sustainability IT budgets, and invest in continuous micro-credentialing for workforce development (WEF, 2023). Mid-sized firms (100-500 employees) should leverage their agility advantage. Policymakers must focus on

harmonizing regulations and creating integrated incentives linking carbon pricing to technology adoption (Kläy *et al.*, 2022).

6.3 Future Research Directions

Longitudinal studies tracking technology performance over 5+ years are needed to understand evolutionary dynamics and absorptive capacity development (Teece *et al.*, 1997). Research should explore edge computing applications in sustainability, develop industry-specific blockchain use cases, and investigate green cybersecurity standards (Kshetri, 2021). Critical examination of sustainability IT's role in perpetuating or reducing global inequalities remains essential (Srinivasan & Burrell, 2015).

Ultimately, this study reframes the IT-sustainability conversation from "What can technology do?" to "What conditions enable technology to deliver on its promise?" The answer lies not in more advanced algorithms, but in more adaptive organizations, smarter policies, and recognition that sustainability transformation requires institutional innovation as much as technological innovation (Ellis *et al.*, 2021; Hilty & Aebischer, 2015).

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